This knowledge, being something that endows upon one that freedom that is the greatest treasure, it cannot be priced; hence it cannot be bought. It is simply shared with love, reverence and devotion.

Sri Swamiji

#### October 21, 22, 23, 2016

Vegetarian meals
Guided Meditations
Riverside trails
Private consultations
Fireside discussions
Chanting class
Geeta, Second Chapter
Yoga
Sauna (extra fee)

Single: \$185.00 Couple: \$285.00

Retreat charges cover

food and lodging Tuition: no charge

Riverlodge Retreat Centre is hidden away on 55 acres of secluded wilderness beside the North Saskatchewan River.

Explore the walking trails and enjoy the sights and sounds of nature. A peaceful get-away.

We feel blessed and privileged to offer the Bhagavad Geeta Retreat to students of Vedanta, spiritual seekers, and all who wish to live a life of fulfillment and joy.



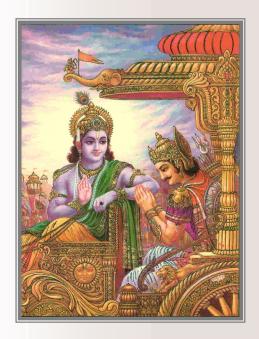
Krishna is not merely an embodied teacher. He is also the indwelling force which is the cause for creation and obtains as our very Self.

Krishna is the beauty, love and truth within us as our own being.

#### BRAHMA VIDYĀ GURUKULAM

A Seminary of Vedantic Studies 1228-62 St. Edmonton AB. T6L 2H9 brahmavidyagurukulam.com

# Geeta Retreat-2



## Krishna and Frjuna

Who is Krishna and what is his role as a spiritual guide? The answer is in his name itself. The word *Krishna* is derived from the Sanskrit verb root krsh, meaning that which draws, destroys. "The one who draws everything towards the Self or the one who destroys ignorance and the errors thereof."

BHAGAVAD GEETA AS UNFOLDED BY A MASTER

### H.H. Sri Swami Brahmanistananda Saraswati

H. H. Sri Swami Brahmanistananda Saraswati has been teaching Vedanta and meditation for the past thirty years. He is a senior disciple of Pujya Swami Dayananda Saraswati who hails from a long unbroken tradition of Masters extending back to thousands of years.

After graduating from the Vedantic Studies Center in Bombay and Rishikesh, Sri Swamiji

spent several years lecturing and teaching at the invitation of many universities and centers across U.S.A and Can-

ada. He is in demand as a teacher, having students in many locations including, Singapore, India, London, Toronto, California, Vancouver, Australia and Edmonton.

Sri Swamiji is admired everywhere for his uncommon insights into human nature, his gentle compassion and his endearing sense of humour.

#### Knowledge for the Heart

The teaching of Bhagavad Geeta is one of India's greatest contributions to the world. For more than five thousand years, this great scripture has shown millions in the East the 'art of effective living,' filling lives with serenity and love.

The Geeta is known as a Song sung by God to His friend man. It is universal and cannot be tied to any creed. Hence is easily available for validation and absorption. This knowledge is for our hearts, and not only our minds. It reveals practical spiritual disciplines which can be followed by all, irrespective of faith or belief.

The Geeta is not a book, much less is it an idea or philosophy, but it is 'YOU' unfolded through words. Exposure to this teaching with the right disposition of mind leaves behind the vision of fullness and completeness. It is a wonder of wonders that mere exposure to the teaching knocks down the fundamental problem lurking in humans.

The teaching in the Bhagavad Geeta is for all of mankind.



## An entire weekend of Bhagavad Geeta and Meditation

On the battlefield called life, when Arjuna, an accomplished, dynamic, righteous warrior is preparing to enter the battle, he is suddenly caught up in conflicts. Overwhelmed by doubts and fears that were draining away all mental and intellectual resources., he announced to his teacher, Lord Krishna that he will not fight.

In the Bhagavad Geeta, Lord Krishna deftly handles his troubled disciple, Arjuna by walking him through the art of seeing oneself, of having the right attitude towards action, sense of detachment, the art of meditation and of right discrimination, etc.



H.H. SRI SWAMI
BRAHMANISTANANDA SARASWATI
Enlightened Master of Vedanta